## HIGH SCHOOL FUNCTIONAL SKILLS INSTITUTE

July 7 & 21, 2015 8:00-3:30



#### **The Department of Exceptional Children**

#### **OBJECTIVE**

#### • KNOW

 How to understand and apply knowledge of the Adaptive Living Skills Curriculum Pacing Guide to help students develop the overall employability skills particularly those soft skills identified by employees as target deficient areas.

#### UNDERSTAND

✓ Use of the Adaptive Living Skills Curriculum Pacing Guide provided by the Division of Exceptional Children

#### • DO

 Provide AFS and FS teachers with the Adaptive Living Skills Curriculum Pacing Guide and other transitional resources to assist students in gaining and maintaining employment.

#### **HIGH SCHOOL FUNCTIONAL SKILLS INSTITUTE**

#### **Community Involvement**

**Presenters: Baretta Stewart-McKinney and Barbara Britten** 

#### **Independent Living Skills**

**Presenters: Jannice Dennis and Katricia Tyus** 

#### **Post-Secondary Education/Training**

Presenter: Adrienne J. Allen

#### **Employment**

**Presenter: Diana Gray** 

## **COMMUNITY INVOLVEMENT**

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## **TODAY'S OBJECTIVES**

- ✓ Develop Social Skills Teaching Strategies
- ✓ Introduce Community Involvement Pacing Guide
- ✓ Discuss Transition Goals
- ✓ Highlight Public Transportation
- Highlight Community-Based Instruction

#### **SWEET TREAT ICE BREAKER**

- Assemble into groups of 3 to 4 people
- Select a person to record and a person to report
- Record 3 things you have in common with each other
- Introduce group members and your commonalities



## **COMMUNITY INVOLVEMENT PACING GUIDE UNITS** FROM THE ADAPTIVE LIVING CURRICULUM

- SOCIAL INTERACTION
- MOBILITY & TRAVEL
- TIME MANAGEMENT
- MONEY MANAGEMENT &
   SHOPPING
- COMMUNITY SAFETY
- COMMUNITY LEISURE
- COMMUNITY
   PARTICIPATION



## WHY DO WE NEED TO TEACH STUDENTS SOCIAL SKILLS?

- Encourage appropriate student behavior
- Improve age-appropriate adaptive living skills
- Master transitional goals
- Increase opportunities for inclusion activities
- Improve employability skills

## WHEN DO WE TEACH SOCIAL SKILLS?

- Can be incorporated during your daily lesson plans
- Can be embedded in classroom routines & transitions
- Should be taught during Community-Based Instruction



#### **EXAMPLES OF GOOD SOCIAL SKILLS**



## **TEACHING SOCIAL SKILLS**

- $\checkmark$  Explain the skill (e.g., teach greeting or sharing)
- $\checkmark$  Demonstrate the correct way to use it
- Demonstrate an inappropriate way and allow students to problem solve
- Let students practice the skill with an adult or with another student
- ✓ Provide positive feedback

#### **SOCIAL SKILLS VIDEO MODELING**

### http://www.freevideosforautistickids.com/



## **MORE TEACHING TIPS...**

- Give specific verbal cues & suggestions
- Provide material that reinforce
- Provide physical assistance (if needed)
- Plan realistic social interactions (take baby steps)



#### 50+ Teaching Strategies INSTRUCTIONAL Monitor Alternative Assessments Question Choices Compare & neffections/Response Anchor Activities **Contrast Ideas** Grade as You Go Think Pair Share Homework Options Tiered Activities Thermal Roderics



Cubing Sticky Note Graph Think Tac Toe Think Pair Share

Uterature Circles MenualAgendas Axini White Boards Reading Buddles seicky Note Graph Think Tac-Toe Think-Pair-Share **Tiered Activities** 



Anchor Activities Name KWVL CPLAFER TRUMA TAC TOM Varied Organizers

RWVL CRIMITIE Learning Contracts Menus/Agendas Akini White Boards

#### Get Moving!



#### Work Together



Alternative Assessments Centers/Stations Cubing Curriculum Compacting Grade as You Go Homework Options FIELDWY Learning Contracts Literature Circles Menus/Agendas

Anchor Activities Centers/Stations Cubing Farmer Southern Heads Together KWVL CPUBPER Literature circles

#### Curriculum Compacting

Form Groups

Appointment Clocks Cubing

Learning Contracts

Adapt Content

Share Ideas &

Opinions

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Question Choices

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Anchor Activity

Centers/Stations

Grade as You Go

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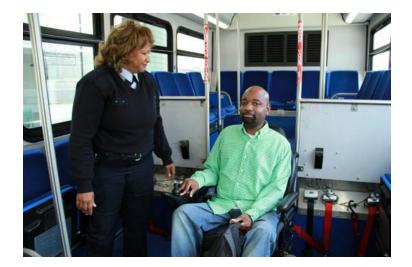
# **SHARE OUT:**

# EXAMPLES OF SOCIAL SKILLS INSTRUCTIONAL STRATEGIES THAT HAVE BEEN EFFECTIVE IN YOUR CLASSROOM



#### **TRANSPORTATION & MOBILITY**







#### **MEMPHIS AREA TRANSIT AUTHORITY (MATA)**

- MATA Plus is a shared ride para transit service designed to meet the transportation needs of persons with disabilities in the Memphis service area
- MATA Plus riders must have a disability that prevents them from riding the MATA fixed-route bus system or traveling to a bus stop
- Applicants first need to verify their disability through a medical professional
- Applications call:901-722-7140 or email: <u>mpluscertification@matatransit.com</u>
- A hands-on student activity -visit this website: matatraveler-matatransit.com

MATA-TRAVELER							
Real-Time Map/Schedule	Route Schedules	Trip Planner	Notify Me				

### **COMMUNITY-BASED INSTRUCTION OVERVIEW**

- It is a practical, "hands-on" instructional method.
- It gives the students the opportunity to apply basic skills in real-life settings.
- It provides a continuum of instruction in basic life skills through 5 domains.
  - ✓Academics
  - ✓ Daily Living
     ✓ Employment
     ✓ Community
     ✓ Recreation & Leisure



## **COMMUNITY-BASED INSTRUCTION**

- > All teachers MUST attend training to participate in CBI
- CBI trips should be from October-April
- Parents participation must be approved by principal
- Early preparation to confirm community outings, prices, etc.
   to avoid transportation cancellations
- > CBI cancellations are COSTLY to the district



# **CBI AND TRANSITION ACTIVITY**

#### **Group Participation:**



- > Break out into your groups
- Choose a reporter and recorder
- Select an appropriate CBI outing
- List 3 objectives using the Pacing Guide and CBI Forms

Student Name:			) et al					
DOB:		IEP Meeting 1 Transition Services Planning (Age 14 or turning 14 during the IEP period)	Date:					
	I ransition Services Planning (Age 14 or turning 14 during the IEP period)							
		M easurable Post-Secondary Goals						
E								
Employment:								
Independent/Supported Living:		Com munity Involvement:						
Grade: Course of Stu	ody:							
Grade: Course of Stu	ody:							
Grade: Course of Stu	udy:							
Grade: Course of Stu	odv:							
		Transition Services (Age 16 or turning 16 during the IEP period)						
	Need	Activities/Strategies						
Service Area	Yes/No	(Transition Services) (All activities/strategies that are the responsibility of special education and are to be implemented this year must be	Agency/Person Responsible					
Instruction		reflected in goal sheets.)	-					
Instruction								
Related Services								
Community Experiences								
Employment & Post-								
School AdultLiving Objectives								
Daily Living Objectives								
(if appropriate)								
Functional Vocational Evaluation								
(if appropriate)								

# **QUESTIONS OR COMMENTS**



# <u>LUNCH BREAK</u> 11:00 - 11:45



# INDEPENDENT/SUPPORTED LIVING

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In the first column, discuss & write what you already know about Community Involvement. In the second column, write what you want to know about Community Involvement and Independent Living Skills. After I have completed my discussion, write what you learned in the third column.



What!I! <mark>K</mark> now! (Review)!	What!I! <b>W</b> ant!to! Know!	What!I <b>!L</b> earned!

# **VALUE-ADDED**

# WHAT ARE FUNCTIONAL SKILLS?

Functional skills are all those skills a student needs in order to live *independently.* 

For some students, those skills may be learning to feed themselves. For other students it may be learning to use a bus, including reading a bus schedule. We can separate the functional skills as:

Life (Independent Living) Skills

**Academic Functional Skills** 

**Community Based Learning** 

Social Skills

#### WHY DO WE TEACH THEM?

Functional skills will provide students with the essential knowledge, skills and understanding that will enable them to operate confidently, effectively and independently in life and at work.

#### **TRANSITION SERVICE PLAN**

Student Name: DOB:	Student Name:							
	Transition Services Planning (Age 14 or turning 14 during the IEP period)							
	Measurable Post-Secondary Goals							
Employment:	Employment: Post-Secondary Education/Training:							
Indandependent	i <mark>∕¦&amp;upp</mark>	Community Involvement:	Com munity Involvement:					
Grade: Course of Stu	udy:							
Grade: Course of Stv	ıdy:							
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Instruction		· · · · · · · · · · · · · · · · · · ·						
Related Services								
Community Experiences								
Employment & Post- Da Autri Live Ny ing Skills Objectives								
Objectives Daily Living Objectives (if appropriate)								
Functional Vocational Evaluation (if appropriate)								

#### ADAPTIVE LIVING SKILLS CURRICULUM (ALSC)



#### Set of four domains:

#### Personal Living Skills

 Seven skill modules – socialization, eating, grooming, toileting, dressing, health care, and sexuality

- Home Living Skills
- Community Living Skills
  - Employment Skills

## SOCIALIZATION



# To initiate interactions with others

# To use appropriate social manners

# TOILETING

To establish independent toileting habits

> To follow bathroom routines

# DRESSING



## SEXUALITY



# HEALTHCARE

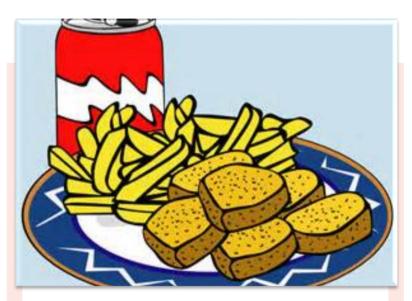
To Take Medication

To prevent illness by establishing good health habits

To use first aid procedures to treat minor illnesses or injuries To use emergency procedures for major illnesses or injuries

To wear prosthetic or corrective devices

# FOOD

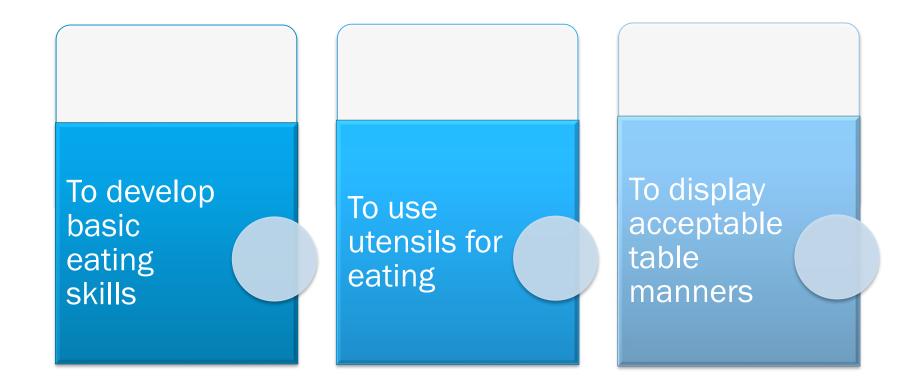


food related vocabulary words

To read

Recognize by sight

# EATING



# GROOMING

- Bath or Shower
- Nail Care
- Hair Care
- Foot Care
- Dental Care



#### http://www.memphiscentral.org/community/students/school-dress-code

### **HOW TO INCORPORATE GROOMING INTO YOUR LESSON**

#### Do Now/Bell work:

Define and list what you know about germs.

#### **Objective:**

The students will be able to identify the consequences of the problem for self, family, and classmates when good personal hygiene and sanitation are not practiced.

#### **Critical Thinking:**

The students will be able to compare and contrast the advantages and disadvantages of personal hygiene and sanitation practices.

#### **TEM 4.0 LESSON PLAN TEMPLATE**

Teacher A:	
Teacher B:	
(If Co-Teaching)	

Week of:	
Subject	

**Teach 1: Objective Driven Lesson** – Engage students in objective driven lessons based on content standards and student data.

Teach 2: Explain content clearly and accurately.

**Teach 3:** Appropriately Challenging Work – Engage students at all learning levels with appropriately challenging work by effectively leveraging the District's curricula, guides, and resources.

**Teach 4: Content Engagement** – Provide students multiple ways to engage with content.

Teach 5: Higher-Level Thinking Skills – Use strategies that develop higher-level thinking skills.

**Teach 6:** Check for Understanding – Check for understanding and respond appropriately during the lesson.

Teach 7: Instructional Time – Maximize instructional time.

# **INDEPENDENT LIVING- HOME LIVING SKILLS**

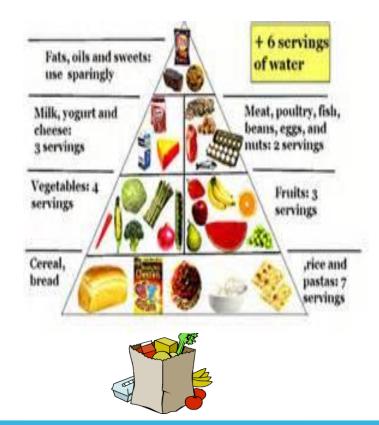




# **MEAL PLANNING**











# **MEAL PLANNING**

- To prepare cooked foods & meals
- To prepare food items for cooking
- To cook foods using different procedures
- To practice good hygiene while working with foods
- To serve a meal
- To clean a kitchen after a meal

<u>http://www.choosemyplate.gov/food-</u> groups/downloads/TenTips/DGTipsheet21SchoolDayJustGotHealthier.pdf





#### INCORPORATING CLIP: COMPREHENSIVE LITERACY IMPROVEMENT PLAN

## RECIPE



#### **Chocolate story**

http://thestoryofchocolate.com/

## CLOTHING

- To dress with assistance
- To remove clothing items
- To put on clothing items
- To manipulate fasteners
- To select clothing items
- To store clothing properly
- To perform laundry tasks
- To make minor repairs to clothing



### HOUSING/HOME CLEANING & ORGANIZATION



To complete extensive cleaning activities



To repair minor household items

#### **HOUSING/HOME CLEANING & ORGANIZATION**

#### cleaning schedule

#### daily

make beds wipe down counters & sinks empty/load dishwasher vaccuum/sweep floors Laundry (1 load) 15 minute pick-up sort mail

#### tuesday

To create a daily chore chart clean toilets & bath tubs wipe down bathroom counters clean sinks clean mirrors mop bathroom floors

#### thursday

dust living room sweep/vaccuum/ hardwood wipe down baseboards quick foyer/closet pick-up

#### monday

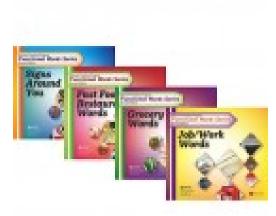
clean kitchen sink & drain wipe down appliances organize/empty fridge mop kitchen floor empty trash

#### wednesday

dust bedroom vaccuum carpets wash/change linens empty trash organize

#### notes









# RESOURCES

Checklist of Adaptive Living Skills (CALS)
BRIGANCE Transition Skills Activities
FISH: Functional Independence Skills Handbook:
Assessment and Curriculum for Individuals with
Developmental Disabilities
BRIGANCE TSI Transition Skills Inventory
Edmark Functional Word Series

Functional Independence Skills Handbook

> Assessment and Controlum for Individual way Developmental Deathfrees

# **THANKS FOR COMING!**





#### **PURPOSE OF POST-SECONDARY EDUCATION/TRAINING**



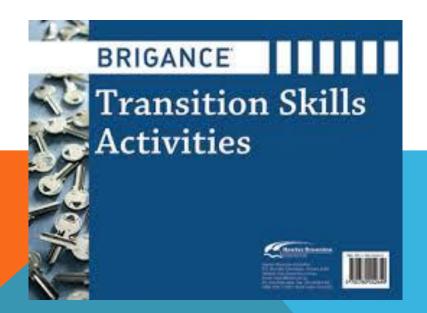
- Prepare for vocational career or for further study
- Students develop the knowledge and skills they need to excel in a chosen profession
- Includes any form of additional study that is completed after finishing secondary schooling, such as transition programs and professional certification
- Can involve a wide variety of skill-sets, such as hands-on learning, and how to become a mechanic or tradesperson

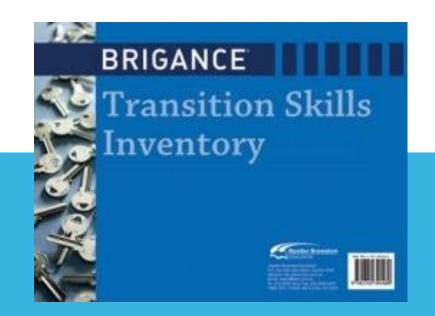
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Instruction				
Related Services				
Community Experiences				
Employment & Post- School Adult Living Objectives				
Daily Living Objectives (if appropriate)				
Functional Vocational Evaluation				
(if appropriate)				

### **Brigance Transition Skills Activities & Inventory**

Domains:

- Communication & Technology
- Job Related Writing Skills
- Post-Secondary Educational Interests
- Career Exploration
- Training Program Admissions Procedures –12<sup>th</sup> grade only





	1st Nine Weeks	2nd Nine Weeks	3rd Nine Weeks	4th Nine Weeks
	Communication & Technology	Job Related Writing Skills	Job Related Writing Skills	<ul> <li>Job Related Knowledge &amp; Skills</li> <li>Post-Secondary Educational Interests</li> <li>Career Exploration</li> <li>Training Program Admissions Procedures</li> </ul>
1	Learning Basic Telephone Skills	Completing Government Forms	Follow Direction Words and Other Job Skills	Preparing for a Successful Job Interview
2	Learn and Practice Basic Computer Skills	Interpreting Information in Paychecks and Pay Statements	Learn and Practice Communication and Expected on-the-job Behaviors	Understanding Post-Secondary Opportunities
3	Purpose and How to Use Different Types of Technology		Recognize Common Signs and Warning Labels at Work and in the Community	Factors to Consider When Choosing a Career
4				Admission Procedures for Entrance Into a Post- Secondary Training Program

# Edmark Functional Words Series: Job/Work Words

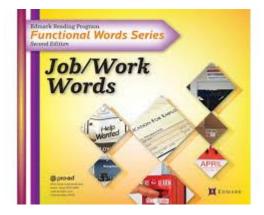
#### <u>Purpose</u>

To teach employment related basic sight-word vocabulary and comprehension of those words. It is sequenced into small steps to allow the student to be successful and motivated to complete the materials.

#### How We Will Apply Edmark: Job/Work Words In Class as a Literacy Component

- Use exercises, games and activities
- 10 terms per week





# FIRST NINE WEEKS PACING GUIDE

- Basic Telephone Skills
  - Lesson: Using Phone Numbers
- Learn and Practice Basic Computer Skills
  - Lesson: Identifying Parts of a Desktop Computer
- Purpose and How to Use Different Types of Technology
  - Lesson: Evaluating Technology Needs and Wants



# Post-Secondary Classroom Activity EDMARK FUNCTIONAL SKILLS

#### Directions:

- Using the letters provided in the grid, create as many words as you can in 5 minutes.
- Letters can be randomly chosen.

S	D	Y	K	W	F
Ρ	А	Е	R	Ν	Н
V	U	L	Е	Ι	G
В	С	0	Μ	J	Т

- $\checkmark$  3 letter words = 1 point
- $\checkmark$  4 letter words = 2 point
- $\checkmark$  5 letter words = 3 points
- $\checkmark$  6 letter words = 4 points



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Instruction				
Related Services				
Community Experiences				
Employment & Post- School Adult Living Objectives				
Daily Living Objectives (if appropriate)				
Functional Vocational Evaluation				
(if appropriate)				

#### BASIC EMPLOYMENT SKILLS

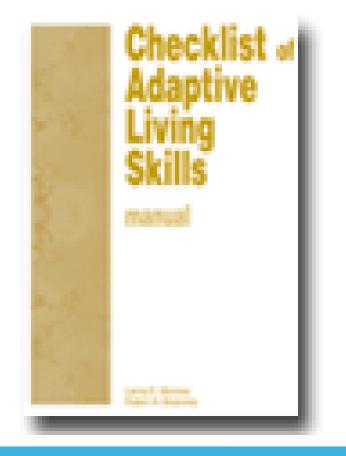
Arriving to work/back from break on time
Staying at work the full time
Too much talking
Inappropriate touch/talking
Losing your temper/yelling
Hygiene
Work culture vs. school culture

### **PICTURE INTEREST CAREER SURVEY**

#### http://jist.emcp.com/picture-interest-career-survey.html



#### **CHECKLIST OF ADAPTIVE LIVING SKILLS**





#### **PRESENT LEVELS OF EDUCATIONAL PERFORMANCE**

- Based on Jordan's PICS he has an occupational code of SECIAR. After looking over the careers in the career locator, Jordan stated that he will become a home health aide upon graduation.
- Based on Jordan's CALS, Jordan will work on initiating a work task on his own (without being instructed to do so), help others with work tasks when needed, and talk with co-workers only when it does not interfere with work.



### FIRST NINE WEEKS EMPLOYMENT SKILLS



- Attending Work Regularly Attending work consistently, asking to leave the work area, leaving work due to illness, reporting absence or tardiness
- Getting to work on time Reporting to a work area, arriving on time, returning from break, using a time clock, reporting to a work areas
- Getting work materials ready Asking for job materials, obtaining materials needed for a job, bringing personal work equipment

### FIRST NINE WEEKS EMPLOYMENT SKILLS

- Working with minimal supervision Locating areas at work, grooming and dressing appropriately, following rules at work, starting to work on your own, reporting accidents or problems, assisting co-workers, asking questions about an unfamiliar work task, working in the presence of distraction, talking to co-workers on the job
- Finishing job tasks Informing a supervisor of a completed task, following job instructions, putting materials away, finishing a task, completing a multiple-step task
- Increasing work effort Meeting supervisor's specifications, increasing production rate, meeting a deadline



At the end of today's lesson, I will be able to:

- ✓ State/model appropriate work attitudes
- ✓ State/model inappropriate work attitudes



#### **LESSON DESIGN**

- Whole group learn Edmark Functional Words related to work skills, learn positive work attitudes, learn negative work attitudes
- Small group break off into groups of 4 and discuss scenarios 1, 2, 3, or 4
- Whole group discuss what went wrong in each scenario and what should have happened, discuss scenario 5



### **ACTIVATE PRIOR KNOWLEDGE**

- Identify factors that lead to promotion or termination at place of employment.
- Promotion minimum standards required for specific jobs, what is gained from job promotions, etc.
- Termination list classroom behaviors that cause problems for them and then relate these to work setting, list behaviors they believe will lead to termination



### WHOLE GROUP LESSON

- Cafeteria, warehouse, tool room, laundry, stairway
- Teacher and assistant or student state and model 5 appropriate work attitudes
- Teacher and assistant or student state and model 5 inappropriate work attitudes



#### **SMALL GROUP**

- Students break off into groups of 3 or 4 depending on class size.
- An assistant will go with each group.
- Each group will receive one scenario to discuss.
- Every person in the group must provide input. Differentiate.

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#### **WHOLE GROUP**



- The groups will all come back together.
- One person from each group will state what went wrong in their scenario and what should have happened.
- The whole group will look at scenario 5 and will answer the three questions.

### **EMPLOYMENT SKILLS ACTIVITIES**

- Work-based learning (WBL) is a proactive approach to bridging the gap between high school and high-demand, high-skill careers in Tennessee. Students build on classroom-based instruction to develop employability skills that prepare them for success in postsecondary education and future careers
- A school-based enterprise (SBE) is defined as a sustained, schoolsponsored, student led activity that engages students in the production of goods and services for the school or the community.



### **EMPLOYMENT SKILLS TRAINING PROGRAMS**

- The Division of Rehabilitation Services (DRS) Transition School to Work Program -Focuses on the provision of vocational rehabilitation (VR) services to eligible high school students with disabilities who are interested in employment after leaving high school. The goal is a smooth, seamless transition from high school to post-high school career development and/or employment.
- WIN Program The Workforce Investment Network (WIN) is a community resource that prepares job seekers for jobs and helps connect them with employment opportunities in Memphis, Shelby County, and Fayette County. We identify and pre-screen qualified talent for local businesses, and in some instances provide grants to employers to help defray the cost of training their workforce. We provide job seekers with a variety of services, such as assessments, resume development, job search assistance, and when a job seeker is suitable and eligible we help fund the job skills training needed to find and keep a good job. Working together, we can make a difference-for our residents, for our businesses, for our community.



# THANKS FOR YOUR PARTICIPATION AND ENJOY THE REMAINDER OF YOUR SUMMER BREAK!!



# **Contact Information:**

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